



# SPINECARE CHIROPRACTIC

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*Posture, Nerve & Spine Specialist*

## *Agenda for chiropractic talk*

- What is chiropractic?
- Why is a healthy spine important for good health?
- What conditions do chiropractor's treat?
- How does chiropractic help?
- The importance of proper posture to overall health
- What to expect during a visit to a chiropractor
- About Spinecare Chiropractic