



THE OLD FREES' ASSOCIATION

No. 41, Jalan Sultan Ahmad Shah,

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PATRONS

Tuanku Syed Sirajuddin
Ibni Almarhum Tuanku
Syed Putra Jamalullail
His Royal Highness
The Raja of Perlis

Tun Dato' Seri Utama
(Dr) Haji Abdul Rahman
bin Haji Abbas
His Excellency The Head
of State of Penang

TRUSTEES

Dato' Syed Mohd, Aidid
Syed Murtaza

Dato' Seri Teh Choon Beng

Datuk Andrew Lim
Tatt Keong

Dato' Dr. P. P. Shah

Circular ref: 010/2021

Dear Members,

EXERCISE MATS

Please be informed that during the ongoing COVID-19 pandemic, members are required to bring along their personal exercise mats (if members require it for workouts) at the gym at both clubhouses.

Thank you.

For Management Committee
The Old Frees' Association
25 March 2021

ANDREW LIM CHONG HUAT
Honorary Secretary